

Saints and **SINNERS**

EMBRACING DUALITY IN YOUR
MAGICAL PRACTICE



A HEYTJ PUBLICATION

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INTRODUCTION

Why Saints and Sinners?

We all embody this duality, harboring within ourselves a vast capacity for both deep and profound kindness and penetrating darkness. This marriage of light and dark is reflected in every aspect of our lives, influencing our thoughts, actions, and even the experiences and energies we attract.

When we learn to embrace all sides of ourselves- light, dark, and everything in between - we open the door to exploring and understanding the complexities of our nature. That's where the true magic happens. The more we embrace the many different sides of the human experience, the more we can navigate our world with a deeper sense of harmony, awareness, and compassion.

With this guide, I hope to invite others to explore this intrinsic balance. While channeling your inner light is a fairly common practice, those of us who like to dabble in the dark have had to hide in the shadows. The last few years have seen a focus on shadow work and embracing the more gnarly parts of our humanness.

This shift has allowed the dark side of things to step out into the light, so to speak. Our more primal, shadowed parts are no longer a thing to be feared but a thing to revere and explore. That exploratory playfulness and openness is exactly what I hope to accomplish with this guide.

With Saints and Sinners, I will introduce you to entities, practices, and rituals that have been long-identified as being either all light or all dark. Over the next few pages, you will learn how these two sides can coexist and combine to create a deeper, more powerful union between practitioner and practice. You may meet some new entities you've never heard of. And though I have strived to assemble a wide and varying cast of magic-makers, what's included in this guide is merely just the beginning. I encourage you to use this as your first step to a boundless world of energies and entities at your service. This is your journey and a whole world spanning centuries, cultures, and disciplines awaits you. Thank you for letting me be a small part of it.

SECTION I

Light vs Dark

So, what is light vs dark magic? It's easy to default to the standard thought that light, or white, magic is purely benevolent while dark, or black, magic is inherently evil. Just the words themselves bring upon dogmatic undertones and divisiveness. For the sake of everything that lies ahead, I'd like to discuss before we proceed.

When we say "light vs dark", we're really talking about energy. Energy makes up everything, including you, your thoughts, and your actions. They're all energy. Energy itself is neither good nor bad. Assigning some moral code to any other element would be preposterous. Most people don't go around calling water evil. Energy is no different.

Once we strip away the dogma, we're left with a much cleaner definition of this energy.

Light, or White, Magic is magic that is most often rooted in healing, protection, and bringing on positive change. This kind of magic is used to aid others, or for matters that serve larger,

more altruistic goals, like enhancing well-being, promoting love, and fostering harmony. If you've done a spell to banish negative energy, foster more positive energy, or manifest desires for the greater good, you likely performed light magic.

Dark, or Black, Magic is a more primal kind of magic most often dealing with our human wants and desires. This magic is used in matters requiring control, personal gain, power, and vengeance. If you've done a spell to get back your ex, land a particular dream job, or change the outcome of something in your favor, you were likely dabbling in some dark magic.

On the surface, it's easy to deem one set of actions as "good" and yet another as "bad." However, magic is just like the rest of life in its complexities and layers. There's a time and place for all kinds of magic.

The distinction between light and dark magic is more about intent and perspective than a rigid moral code. Both forms of magic can be wielded for constructive or destructive purposes. Light magic can be used to manipulate and control under the guise of protection, just as dark magic can be harnessed for empowerment and self-discovery. The true measure lies in how you use it and how it impacts you and those around you.

SECTION II

Meet the Saints

SAINT VALENTINE

St. Valentine was a Roman saint commemorated on February 14 and associated with a tradition of courtly love. He defied a Roman decree banning marriage by secretly performing weddings for soldiers. Before he was killed for refusing to renounce his faith, he sent a loving note to a child he had been helping to teach, the daughter of his jailer, and that note eventually led to the tradition of sending Valentine's cards.

Patron Saint of:

Love, marriages, engagements, young people, greetings, travelers, beekeepers, people with epilepsy, and numerous churches

When to call on Saint Valentine:

Use St. Valentine for spells related to love, romance, and relationships. He is ideal for love potions, enhancing romantic connections, and mending broken hearts. His energy can also be invoked for self-love and acceptance.

How to honor Saint Valentine:

To honor Saint Valentine in your practice, include red roses, heart-shaped chocolates, and a bottle of wine or spirits. A letter sealed with a kiss and a small bee ornament pays homage to his loving and industrious spirit.

INVOCATION PRAYER FOR
SAINT VALENTINE

*"Dear St. Valentine, patron of love and affection,
I humbly seek your intercession. Guide my heart
towards true love, and help me to spread kindness
and compassion. Bless my relationships with
harmony and joy, and let love flourish in my life.
Amen."*

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Friday

Essential Oils: Rose, Jasmine, Lavender

Crystals: Rose Quartz, Garnet, Rhodochrosite

Planet: Venus

SAINT JOSEPH

St. Joseph was the husband of Mary and the earthly father of Jesus Christ. A humble carpenter by trade, he is celebrated for his faithfulness, protection of the Holy Family, and his role in the Nativity story. His life is detailed in the Gospels, particularly Matthew and Luke. His feast days are March 19th (St. Joseph's Day) and May 1st (St. Joseph the Worker).

Patron Saint of:

The Universal Church in Roman Catholicism, fathers and family life, workers and craftsman, travelers, immigrants, and refugees, house buyers and sellers, and engineers

When to call on Saint Joseph:

St. Joseph is perfect for spells of protection, family harmony, and finding a home. Use his influence in rituals for job security, career advancement, and resolving domestic issues. He is also helpful in spells for strength and perseverance in difficult times.

How to honor Saint Joseph:

To honor St. Joseph, place a hammer, a small house model, a lily symbolizing purity, and a candle on your altar. A cup of coffee is a playful nod to his hardworking nature.

INVOCATION PRAYER FOR
SAINT JOSEPH

"O St. Joseph, guardian of the Holy Family, we entrust our cares to you. Protect our home and loved ones, grant us strength and courage in our work, and guide us in righteousness. Help us to live faithfully and diligently. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Wednesday

Essential Oils/Herbs: Cedarwood, Basil, Rosemary

Crystals: Green Aventurine, Jasper, Tiger's Eye

Planet: Jupiter

SAINT ANTHONY OF PADUA

St. Anthony of Padua was a Portuguese Catholic priest and friar of the Franciscan Order. Renowned for his powerful preaching and expert knowledge of scripture, he was canonized in 1232 and is celebrated on June 13th. One of the most popular saints of the Catholic Church, he is often depicted holding the child Jesus, a lily, or a book.

Patron Saint of:

The poor, sailors and fishermen, priests and travelers, postal workers and the mail system, and miracles.

When to call on Saint Anthony of Padua:

Invoke St. Anthony for spells to find lost items or gain clarity. His energy is beneficial for seeking guidance, enhancing memory, and discovering hidden truths. Use his power in rituals for safe travels and protection during journeys.

How to honor Saint Anthony of Padua:

Honor him with a small box for lost items, a loaf of bread for his charity, and a candle for enlightenment. A magnifying glass and a tiny sandal symbolize his unending search and journey.

INVOCATION PRAYER FOR

**SAINT ANTHONY OF
PADUA**

"Saint Anthony, gentlest of saints, your love for God and charity for His creatures made you worthy to possess miraculous powers. Encouraged by this thought, I implore you to help me in my need. O gentle and loving Saint Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms, and the gratitude of my heart will ever be yours. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Tuesday

Essential Oils/Herbs: Sage, Frankincense, Bay Leaf

Crystals: Amethyst, Turquoise, Lapis Lazuli

Planet: Mercury

SAINT RAPHAEL THE ARCHANGEL

St. Raphael the Archangel is one of the seven archangels who stand before the throne of God. In later Jewish tradition, he became identified as one of the three heavenly visitors entertained by Abraham at the Oak of Mamre. His feast day is celebrated on September 29th along with Saints Michael and Gabriel.

Patron Saint of:

Travelers, those seeking their soulmates, youth, ordained marriage, mental health, healing, physicians, pharmacists, and the sick

When to call on St. Raphael the Archangel:

St. Raphael is ideal for healing spells, both physical and emotional. Use his energy in rituals for recovery from illness, enhancing overall well-being, and finding true love or soulmates. He is also helpful for safe travels and journey-related blessings.

How to honor Saint Raphael:

To honor Saint Raphael, use a small globe, a vial of holy water, a candle, a toy airplane, and a miniature medical kit to pay homage to his healing and guiding presence.

INVOCATION PRAYER FOR

**SAINT RAPHAEL
THE ARCHANGEL**

"Glorious Archangel St. Raphael, great prince of the heavenly court, you are illustrious for your gifts of wisdom and grace. You are a guide of those who journey by land or sea or air, consoler of the afflicted, and refuge of sinners. I beg you, assist me in all my needs and in all the sufferings of this life, as once you helped the young Tobias on his travels.

Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Wednesday

Essential Oils/Herbs: Lemon, Eucalyptus, Angelica

Crystals: Emerald, Malachite, Selenite

Planet: Mercury

SAINT JUDE THADDEUS

St. Jude Thaddeus is one of the Twelve Apostles and also a cousin of Jesus. He is traditionally identified with Thaddeus and is depicted carrying an image of Jesus due to the legend of King Abgar of Edessa, who was healed by an image of Christ brought by Thaddeus. His feast day is celebrated on October 28th.

Patron Saint of:

Hopeless and lost causes, desperate situations, hospitals, Armenia, the impossible, and those suffering from depression, grief, unemployment, and illness

When to call on Saint Jude Thaddeus:

St. Jude Thaddeus is the go-to for spells in desperate situations and lost causes. Invoke his power in rituals for overcoming obstacles, finding hope in despair, and achieving seemingly impossible goals. He is also beneficial for legal matters and resolving conflicts.

How to honor Saint Jude Thaddeus:

Honor Saint Jude Thaddeus with a green candle, a small anchor for hope, and a gratitude letter. A lighthouse figurine is also a great symbol of guidance.

INVOCATION PRAYER FOR
SAINT JUDE THADDEUS

Invocation Prayer: "Most holy Apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally as the patron of difficult cases, of things almost despaired of. Come to my assistance in this great need that I may receive the consolation and help of heaven in all my necessities, tribulations, and sufferings, particularly (mention your request), and that I may praise God with you and all the saints forever. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Thursday

Essential Oils/Herbs: Thyme, Sandalwood, Pine

Crystals: Bloodstone, Peridot, Agate

Planet: Jupiter

SAINT MARTHA

St. Martha, the sister of Mary and Lazarus, is remembered for her hospitality and service. She is known from the New Testament for her role in hosting Jesus in her home and her strong faith, as demonstrated when she proclaimed Jesus as the Messiah. Her feast day is July 29th.

Patron Saint of:

Homemakers, cooks, domestic workers, waiters and waitresses, hotel employees, and service workers

When to call on Saint Martha:

St. Martha's energy is excellent for domestic magic, including spells for a clean, harmonious home, and improved cooking skills. Use her influence in rituals for problem-solving, hospitality, and enhancing your organizational abilities. She is also helpful in calming household tensions.

How to honor Saint Martha:

Items to honor Saint Martha include a wooden spoon, a recipe card, and a white candle. Add herbs like rosemary and thyme for a fragrant touch, and a small broom to honor her housekeeping skills.

INVOCATION PRAYER FOR
SAINT MARTHA

"O blessed St. Martha, your unwavering faith and service to Jesus are an inspiration to us all. With great humility, you served and were chosen to prepare the way for the Lord. Please pray for me, that I may serve with the same faith and humility. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Saturday

Essential Oils/Herbs: Lavender, Chamomile, Thyme

Crystals: Citrine, Clear Quartz, Onyx

Planet: Saturn

SAINT CAJETAN

St. Cajetan, born in 1480, was an Italian Catholic priest and religious reformer who co-founded the Theatines, a religious order focused on renewing the clergy. Though he had established hospitals around Venice, he was more devoted to spiritual healing than healing physical ailments. His feast day is August 7.

Patron Saint of:

The unemployed, gamblers, Argentina, good fortune and luck

When to call on Saint Cajetan:

Invoke St. Cajetan for spells related to employment, financial stability, and career opportunities. His energy is beneficial for job seekers, those seeking promotion and overcoming financial hardships. Use his power in rituals for manifesting prosperity and abundance.

How to honor Saint Cajetan:

Honor Saint Cajetan with a gold candle, a small key, a résumé, and a business card. A tiny piggy bank symbolizes financial stability, and a four-leaf clover brings luck.

INVOCATION PRAYER FOR
SAINT CAJETAN

"Glorious St. Cajetan, provider of miraculous aid, I stand before you today, asking you to present my requests to the Lord. May the graces I seek help me always strive for the Kingdom of God and His righteousness, trusting that all my needs will be met. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Thursday

Essential Oils/Herbs: Patchouli, Basil, Mint

Crystals: Pyrite, Aventurine, Citrine

Planet: Jupiter

SAINT CLARE OF ASSISI

St. Clare of Assisi, born in 1194, was a follower of St. Francis of Assisi and founded the Order of Poor Ladies, now known as the Poor Clares. Known for her piety and austerity, she dedicated her life to prayer and caring for the poor. Her feast day is on August 11.

Patron Saint of:

Eye ailments and diseases, goldsmiths, laundry, bike messengers, television, computer screens, good weather, and needle workers

When to call on Saint Clare of Assisi:

St. Clare is perfect for spells involving clarity, vision, and insight. Use her energy in rituals for improving eyesight, enhancing media and communication projects, and seeking divine guidance. She is also helpful in resolving misunderstandings and fostering transparency.

How to honor Saint Clare:

To honor Saint Clare, your altar should include a white candle, a small television or a remote, and a piece of clean linen. Add a tiny sun symbol for clarity and vision, and a pair of glasses to honor her all-seeing nature.

INVOCATION PRAYER FOR
SAINT CLARE OF ASSISI

"O glorious St. Clare, with your miraculous power and compassion, please assist us in our times of misfortune, anxiety, and distress. We fervently ask you to obtain for us the blessings we seek, through Jesus and Mary, for the greater glory of God and the good of our souls. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Monday

*Essential Oils/Herbs: Lavender, Frankincense,
Rosemary*

Crystals: Clear Quartz, Amethyst, Fluorite

Planet: the Moon

SAINT MONICA

St. Monica, born in 331 in North Africa, is best known as the mother of St. Augustine of Hippo. Her persistent prayers and unwavering faith are credited with bringing about Augustine's conversion to Christianity. Her feast day is August 27th.

Patron Saint of:

Mothers, wives, widows, those facing difficulties in marriage and domestic problems, and religious conversion.

When to call on Saint Monica:

St. Monica's energy is ideal for spells of patience, motherhood, and family reconciliation. Use her influence in rituals for praying for loved ones, especially children, and fostering strong family bonds. She is also beneficial for enduring long-term challenges.

How to honor Saint Monica:

Honor Saint Monica with a blue candle, a statue of a mother and child, a patience stone like amethyst, a bottle of water, and a tiny hourglass symbolizing her enduring patience.

INVOCATION PRAYER FOR
SAINT MONICA

"Dear St. Monica, you endured many sorrows as a wife and mother, yet you never lost faith. With confidence and persistence, you prayed for the conversion of your loved ones. Grant me the same fortitude, patience, and trust in the Lord. Intercede for me, dear St. Monica, that God may hear my plea for (mention your request). Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Sunday

Essential Oils/Herbs: Myrrh, Lavender, Cedarwood

Crystals: Blue Lace Agate, Rose Quartz

Planet: the Moon

SAINT RITA OF CASCIA

St. Rita of Cascia, born in 1381, is celebrated for her devotion and perseverance in prayer. After enduring a difficult marriage and the loss of her family, she entered a convent where she became known for her piety and miraculous intercessions. Her feast day is May 22nd.

Patron Saint of:

Impossible causes, sterility, abuse victims, loneliness, marriage difficulties, parenthood, widows, the sick, and bodily ills and wounds.

When to call on Saint Rita:

Invoke St. Rita for spells concerning impossible causes, marital issues, and perseverance. Use her energy in rituals for overcoming difficult situations, healing broken relationships, and finding peace amidst chaos. She is also helpful for personal transformation and resilience.

How to honor Saint Rita:

Honor Saint Rita with a red candle, a rose, a honeycomb or sugar for sweetness, a small cross, and a miniature ring symbolizing marital dedication.

INVOCATION PRAYER FOR
SAINT RITA OF CASCIA

"O holy St. Rita, advocate of the impossible and helper of the hopeless, pray for me. Let me feel your presence, intercession, and healing power. Grant me the grace to accept life's trials with patience and submission to the divine will. Obtain for me the favor I ask (mention your request), if it is for the greater glory of God and my salvation. Amen."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Tuesday

Essential Oils/Herbs: Rose, Marjoram, Hyssop

Crystals: Garnet, Amethyst, Onyx

Planet: Mars

SECTION III

Meet the Sinners

LUCIFER

Often identified as the fallen angel, is a figure associated with pride and rebellion against God. Originally a high-ranking angel, Lucifer's desire to overthrow God led to his expulsion from Heaven. He is often depicted as a tempter and deceiver, embodying the struggle between good and evil.

Master of:

Creativity, freedom, perfection, development, exploration, and knowledge through experience over accepted truths.

When to call on Lucifer:

Use Lucifer's energy for spells involving enlightenment, rebellion, and breaking free from oppression. He is ideal for rituals seeking personal power, knowledge, and independence. His influence can also be invoked for challenging authority and embracing one's true self.

How to honor Lucifer:

Honor Lucifer with black and red candles, a small mirror, a feather, a snake figurine, and a miniature apple to symbolize temptation and knowledge.

INVOCATION PRAYER FOR

LUCIFER

"O Lucifer, bearer of light, I call upon your ancient wisdom and guidance. Illuminate my path with the brilliance of your understanding. Help me to see clearly and overcome the shadows within and around me. Grant me the strength to pursue knowledge and truth with unwavering determination. So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Friday

Essential Oils/Herbs: Patchouli, Dragon's Blood, Myrrh

Crystals: Black Obsidian, Clear Quartz, Hematite

Planet: Venus

LILITH

Lilith, a figure in Jewish mythology, is often considered the first wife of Adam who refused to be subordinate and chose exile over submission. She is associated with the night, independence, and wild, untamed nature. Lilith symbolizes feminine strength and autonomy, often depicted as a seductress and a demon.

Mistress of:

Independence, connection to nature, beauty, rebellion, seduction, and sexual freedom

When to call on Lilith:

Lilith's energy is perfect for spells of independence, empowerment, and sexual liberation. Use her influence in rituals for enhancing personal strength, breaking free from constraints, and embracing one's wild nature. She is also helpful in protection and banishing unwanted influences.

How to honor Lilith:

Honor Lilith with black candles, a moonstone, a small owl, a dark feather, and a tiny serpent to honor her spirit of independence and connection to nature.

INVOCATION PRAYER FOR

LILITH

"Great Lilith, mother of darkness and light, I invoke your power and presence. Teach me the ways of independence and self-empowerment.

Guide me in embracing my true nature and standing strong in my beliefs. Protect me from those who seek to suppress my spirit.

So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Monday

*Essential Oils/Herbs: Jasmine, Black Pepper,
Wormwood*

Crystals: Moonstone, Black Onyx, Garnet

Planet: the Moon

BELIAL

Belial is a demon mentioned in various religious texts, representing lawlessness and corruption. He is often depicted as a fallen angel who embodies chaos and destruction. Belial's influence is associated with deceit, treachery, and the breakdown of order, making him a symbol of ultimate moral decay.

Master of:

Deceit, manipulation, lawlessness, disrupting the status quo

When to call on Belial:

Belial is suitable for spells involving deceit, manipulation, and breaking down barriers. Use his energy in rituals for personal gain, overcoming obstacles through unconventional means, and sowing chaos for strategic purposes. He is also beneficial for gaining authority and influence.

How to honor Belial:

Honor Belial with black and purple candles, a set of scales, a piece of coal, a broken chain, and a mask symbolize his nature of breaking free from constraints and hiding his true form.

INVOCATION PRAYER FOR

BELIAL

"Mighty Belial, master of the earth and lord of independence, I call upon your strength and cunning. Help me to break free from the chains that bind me and to assert my will in all endeavors. Grant me the insight to navigate challenges with wisdom and strategy.

So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Sunday

*Essential Oils/Herbs: Cypress, Black Pepper,
Mugwort*

Crystals: Obsidian, Smoky Quartz, Onyx

Planet: the Sun

ASMODEUS

Asmodeus is a demon known from the Book of Tobit and various other sources, often associated with lust and revenge. In some traditions, he is seen as one of the princes of Hell and is known for his destructive tendencies, particularly in matters of love and marriage. Asmodeus is frequently depicted as a powerful and seductive figure.

Master of:

Sexual attraction, revenge, control, ambition, and competitive success

When to call on Asmodeus:

Asmodeus is ideal for spells related to lust, vengeance, and assertive power. Use his energy in rituals to enhance sexual attraction, exact revenge, and gain control in romantic situations. His influence can also be invoked for ambition and competitive success.

How to honor Asmodeus:

Honor Asmodeus with red and black candles, a piece of obsidian, a tiny whip, a rose with thorns, and a playing card to symbolize his duality and seductive power.

INVOCATION PRAYER FOR

ASMODEUS

"Powerful Asmodeus, ruler of passion and desire, I invoke your presence. Fuel my ambitions and empower my desires. Help me to achieve my deepest goals and to overcome those who stand in my way. Guide me with your fierce and unyielding spirit. So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Tuesday

Essential Oils/Herbs: Cinnamon, Dragon's Blood, Ginger

Crystals: Carnelian, Red Jasper, Garnet

Planet: Mars

MAMMON

Mammon personifies greed and material wealth, often depicted as a demonic figure who tempts people with riches and earthly possessions. Originating from early Christian writings, Mammon represents the corrupting influence of wealth and the pursuit of material gain over spiritual values.

Master of:

Wealth, greed, material possessions, business, and worldly desires.

When to call on Mammon:

Mammon's energy is perfect for spells of wealth, material gain, and financial success. Use his influence in rituals to attract money, increase prosperity, and manifest abundance. He is also helpful for business ventures and securing investments.

How to honor Mammon:

Honor Mammon with gold candles, a small coin or nugget, a miniature treasure chest, a dollar bill, and a tiny scale to symbolize his obsession with wealth and balance.

INVOCATION PRAYER FOR

MAMMON

"Mammon, spirit of wealth and prosperity, I call upon your influence. Bless me with the wisdom to attract and manage wealth. Help me to achieve financial success and abundance. Guide me in making wise investments and securing my future.

So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Friday

Essential Oils/Herbs: Basil, Patchouli, Bay Leaf

Crystals: Pyrite, Citrine, Goldstone

Planet: Venus

B E E L Z E B U B

Beelzebub, originally a Philistine deity, became synonymous with Satan in Christian demonology. Known as the "Lord of the Flies," Beelzebub is often depicted as a ruler of demons and is said to command swarms of flies as a symbol of his power.

Master of:

Addiction, excess, gluttony, pleasure, obsession, carnal desires

When to call on Beelzebub:

Beelzebub is suitable for spells involving gluttony, excess, and indulgence. Use his energy in rituals for banishing pests, purging negative influences, and embracing hedonistic pleasures. He is also beneficial for breaking addictions and overcoming obsessions.

How to honor Beelzebub:

Honor Beelzebub with black candles, a fly figurine, a miniature feast, a chalice, and a tiny pitchfork to symbolize his rule over indulgence and the underworld.

INVOCATION PRAYER FOR

B E E L Z E B U B

*"Beelzebub, lord of flies and master of gluttony, I
invoke your power. Help me to banish negative
influences and to clear the obstacles in my path.
Guide me in overcoming obsessions and embracing
a balanced life. Protect me from all harm.
So mote it be."*

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Saturday

Essential Oils/Herbs: Patchouli, Black Pepper, Clove

Crystals: Black Tourmaline, Onyx, Obsidian

Planet: Saturn

ASTAROTH

Astaroth is a demon with roots in ancient Mesopotamian deities, later incorporated into Christian demonology. Often depicted as a wise and knowledgeable figure, Astaroth is associated with the quest for forbidden knowledge and the secrets of the universe. He is said to tempt humans with promises of wisdom and power.

Master of:

Knowledge, wisdom, secrets, intuition, esoteric arts, spiritual guidance

When to call on Astaroth:

Astaroth's energy is ideal for spells involving knowledge, wisdom, and uncovering secrets. Use his influence in rituals for enhancing intuition, gaining hidden insights, and mastering esoteric arts. He is also helpful for seeking guidance from the spiritual realm.

How to honor Astaroth:

Honor Astaroth with dark blue candles, a small book or scroll, a key, a miniature owl, and a piece of parchment to symbolize his quest for hidden truths.

INVOCATION PRAYER FOR

ASTAROTH

*"Wise Astaroth, keeper of secrets and ancient knowledge, I call upon your wisdom. Illuminate my mind with hidden truths and deep understanding. Guide me in my quest for knowledge and help me to see beyond the surface of things.
So mote it be."*

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Thursday

Essential Oils/Herbs: Sandalwood, Cypress, Sage

Crystals: Amethyst, Lapis Lazuli, Sapphire

Planet: Jupiter

BAPHOMET

Baphomet is a symbol often associated with occult traditions, representing balance, duality, and enlightenment. Depicted as a goat-headed figure with both male and female attributes, Baphomet symbolizes the unity of opposites and the reconciliation of differences. He is often invoked in rituals seeking deeper understanding and transcendence.

Master of:

Balance, duality, enlightenment, transformation, knowledge

When to call on Baphomet:

Baphomet is perfect for spells of balance, duality, and enlightenment. Use his energy in rituals for personal transformation, understanding complex situations, and achieving inner harmony. His influence can also be invoked for occult knowledge and spiritual growth.

How to honor Baphomet:

Honor Baphomet with black and white candles, a small pentagram, a goat figurine, a balance scale, and a miniature torch to symbolize his duality and quest for knowledge.

INVOCATION PRAYER FOR

BAPHOMET

*"Baphomet, symbol of balance and enlightenment, I
invoke your presence. Help me to reconcile
opposites and achieve inner harmony. Guide me on
my path to spiritual growth and understanding.
Grant me the wisdom to see the unity in all things.
So mote it be."*

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Wednesday

*Essential Oils/Herbs: Frankincense, Myrrh,
Sandalwood*

Crystals: Clear Quartz, Hematite, Labradorite

Planet: Mercury

PAIMON

Paimon is a demon king known from various grimoires and occult texts, often depicted as a regal figure with a strong affinity for arts and sciences. He is believed to bestow wisdom, knowledge, and artistic ability upon those who summon him. Paimon is frequently accompanied by a host of spirits and is depicted with a crown and scepter.

Master of:

Art, science, wisdom, creativity, and learning

When to call on Paimon:

Paimon's energy is suitable for spells involving wisdom, arts, and learning. Use his influence in rituals for enhancing creativity, gaining academic success, and mastering new skills. He is also helpful in commanding respect and authority.

How to honor Paimon:

Honor Paimon with gold and blue candles, a tiny crown, a small drum or musical instrument, a miniature scroll, and a piece of amethyst to honor his royal and artistic nature.

INVOCATION PRAYER FOR

PAIMON

"Paimon, king of wisdom and the arts, I call upon your knowledge and creativity. Inspire my mind and enhance my artistic abilities. Help me to master new skills and command respect in my endeavors. Guide me with your royal presence. So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Wednesday

Essential Oils/Herbs: Sandalwood, Frankincense, Cinnamon

Crystals: Amethyst, Sapphire, Turquoise

Planet: Mercury

SAMAEL

Samael, known as the angel of death in some traditions, is a complex figure embodying both good and evil. Often depicted as a destructive force, Samael is associated with the end of life and the mysteries of the afterlife. He is seen as a necessary agent of balance in the cosmic order, wielding power over death and transformation.

Master of:

Death, transformation, destruction

When to call on Samael:

Samael's energy is ideal for spells of death, transformation, and destruction. Use his influence in rituals for ending harmful situations, facilitating major life changes, and exploring the mysteries of life and death. He is also beneficial for protection and banishing evil forces.

How to honor Samael:

Honor Samael with black and red candles, a small scythe, a piece of onyx, a raven feather, and a miniature skull to symbolize his connection to death and transformation.

INVOCATION PRAYER FOR

S A M A E L

"Samael, angel of death and transformation, I seek your power in times of change and upheaval. Help me to embrace transformation and protect me from negative forces. Grant me the strength to navigate transitions with courage and wisdom. So mote it be."

ADDITIONAL INFO FOR SPELL-
CRAFTING:

Day of the Week: Tuesday

Essential Oils/Herbs: Myrrh, Cypress, Black Pepper

Crystals: Obsidian, Onyx, Garnet

Planet: Mars

SECTION IV

How to work with these
entitites

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How to work with these entities

Choosing to work with an entity is a profoundly personal choice to make. For some of us, the pull towards a particular entity may happen organically. You may find yourself feeling drawn towards a particular figure, or find yourself crossing paths with this entity in subtle ways, like seeing their name pop up in books, online, etc, or seeing things associated with them like a particular culture or region of the world. You may even get larger, more overt signs like having the entity show up while meditating or in dreams. Chances are, if you have an inkling that an entity is continuously trying to get your attention, you're likely right.

You may also choose to seek out a particular entity on your own, either through your interest or to reach a certain goal within your practice. Seeking out an entity on your own is no less special, magical, or powerful than feeling the pull of an entity reaching out to you. There are many reasons why someone might choose to seek out a particular entity. If you're looking to add extra energy and power to a particular spell, calling upon an entity is a great way to add extra targeted energy to your ritual.

Regardless of how you came around to the idea of working with entities in your spiritual practice, there are many ways you can introduce this special, powerful energy into your work. These entities, each with their unique attributes and spheres of influence, offer a rich tapestry of energies and wisdom that can significantly enhance one's spiritual journey. Below are some ways you can put their power to use in your practice.

Reading and Research

Working with entities in your daily practice begins with a solid foundation of reading and research. Taking the time to thoroughly understand the history, attributes, and cultural significance of each entity is crucial for establishing a respectful and effective relationship. Dive into various sources such as ancient texts, religious scriptures, scholarly articles, and modern interpretations to gather comprehensive knowledge about the entities you wish to work with. Books dedicated to saints and hagiographies provide rich details about their lives, miracles, and virtues. Similarly, exploring grimoires, mythologies, and esoteric writings can offer deep insights into the more enigmatic figures. By immersing yourself in this research, you not only honor the entity's legacy but also gain valuable context and understanding that can enhance your rituals and invocations. This diligent study helps you to align your intentions with the entity's unique energy, ensuring a more harmonious and potent magical practice.

Construct an Altar or Sacred Space

Set up a small altar or sacred space for each entity that you wish to work with. Be sure to include items associated with each of them, such as candles, crystals, herbs, symbols, totems, etc. Dedicate time each day to sitting with your altar and giving your thanks to the entities, even if all you can fit in is a quick 5 minutes. Taking time out of your day shows that you are dedicated and serious in your petitions for assistance and grateful for whatever you receive.

Daily Invocations

Upon rising in the morning or right before you go to bed, incorporate short invocation prayers into your daily routine. In the morning, you might call upon an entity for guidance and protection throughout the day. While in the evening, you may invoke another for insights and reflections on your journey. Consistent daily practice and communication help build a strong connection with your chosen entities.

Specific Intentions and Spellwork

Choose specific entities in spells and rituals that align with the context of your work and what you're hoping to accomplish. For example, you may call upon St. Anthony when searching for lost items or Asmodeus when you need to harness intention passion, or resolve.

Tailor your spells to incorporate items and symbols associated with the entity, such as specific herbs, oils, and crystals to enhance the effectiveness of your magic. You can also perform your ritual on the day of the week that aligns with your entity.

Meditation or Visualization Exercises:

Develop a meditation practice that focuses on connecting with your chosen entity. Visualize their presence and ask for guidance, wisdom, or assistance with a particular issue. Be sure to choose entities that align with your goals. For example, you may choose one of the entities from the Saints list in this book and visualize them offering blessings and healing. Or you may choose an entity from the Sinners list if you're seeking strength or cunning to overcome challenges. Regular meditation can deepen your relationship with these entities and bring clarity to your spiritual practice.

Journaling and Reflection

Keep a magical journal to document your experiences working with your chosen entities. Note any signs, messages, or feelings you receive during your rituals and daily invocations. Reflect on how their influence manifests in your life and magical practice. Regular journaling can help you track your progress, recognize patterns, and deepen your understanding of the entities you work with.