



WICKEDLY EASY  
PROTECTION MAGIC  
**FOR THE  
HOLIDAYS**



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# Salt

Carry a small vial as a portable shield against whatever bad vibes the world throws at you.

Scatter it across your doorways and windows to bar the unwelcome—living or otherwise—from entering your space.

Toss a pinch into your bath to dissolve any lingering negative energy invading your space.

# The Curse of Gluttony

Craft a black candle spell to banish toxic excess in your life. Carve symbols representing greed, overindulgence, or unhealthy habits into the candle, then burn it with intent to purge these forces. Pair it with a sacrifice— a small indulgence you vow to forgo for the rest of the season.

# Ancestor's Reckoning

Create an altar for ancestors who may not have lived virtuously. Write their names and deeds on parchment and place them under a dish of blood-red wine. Light a candle and ask them to balance the scales of karma, either through you or their own reckoning.

# The Shadow Feast

Set an extra place at your table for the shadows within—the parts of yourself you've ignored or repressed. Write these aspects on slips of black paper and place them on the plate. Burn them after dinner, symbolizing your willingness to confront and consume your darker truths for transformation.

# The Dark Cornucopia

Fill a basket with symbolic representations of what you've lost or what haunts you—wilted flowers, broken trinkets, or ashes of burned petitions. Place it on your altar as an offering to the spirits who thrive in the spaces left by abundance.

# Binding the Bitter Harvest

Collect objects or photos representing things you're bitter about from the past year. Wrap them in black twine and bury them in the ground, symbolizing their decay and return to the earth. Whisper your bitterness into the soil to let it fester where it can no longer harm you.